



## **Goderich District Collegiate Institute**

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**L. Langis – Principal**

**H. Finch - Vice-Principal**

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Dear Mayor Bassinet and Janice Hallahan,

As the Principal of Goderich District Collegiate Institute I am reaching out to ask for a donation from the town of Goderich. As you know, physical fitness plays a crucial role in the overall well-being of our students. At GDCI, we strive to provide our students with diverse opportunities to engage in physical activity, fostering not only their physical health but also their mental and emotional development. One area where we see potential for improvement is in our indoor fitness facilities. We open up the gym at lunch for our students and it is very well used. However our equipment is old and in need of replacement.

I recently learned that the YMCA in our community has purchased new spin bikes and is storing the old ones. We have been told that these bikes will be placed on "Gov Deals". If they are placed on this website we will never be able to afford them. Our current bikes are outdated and we would love to replace them, but our current budget does not allow it. Such a donation would be invaluable to our students, allowing them to participate in structured, fun fitness activities that promote cardiovascular health, build endurance, and instill healthy habits that can last a lifetime.

Fitness classes are not only enjoyable but also encourage teamwork, accountability, and self-confidence among participants. By incorporating spin bikes into our fitness area, we can offer our students a dynamic and engaging way to stay active, especially during months when outdoor activities may be limited due to inclement weather.

I kindly ask for your support in facilitating a dialogue with the YMCA regarding their potential donation of spin bikes to GDCI. Together, we can create an enriching environment that prioritizes the health and well-being of our students. Your partnership in this endeavor would send a powerful message about the importance of physical fitness in our community.

Thank you for considering this important initiative. I look forward to the possibility of working together to promote health and wellness for our students. Please feel free to contact me at 519-524-7353 or [lucy.langis@ed.amdsb.ca](mailto:lucy.langis@ed.amdsb.ca) should you wish to discuss this further.

Warm regards,

Lucy Langis  
Principal, GDCI